



Job Title: Projects Worker - Wellbeing

Salary: £26,319 - £27,369

Location: BLGC site and Community

Reports to: Service Manager for Mental Health and Wellbeing

Contract: Permanent

Hours: 35 hours per week (including 3 evening sessions)

The Charity

Bolton Lads and Girls Club (BLGC) is a community-based charity driven by a mission to ensure that every child and young person in Bolton has ‘the best possible start in life, so that they have every chance to achieve their aspirations, succeed and be happy’ (Bolton Vision 2030). BLGC provides innovative and accessible services, to enable children and young people to do what they want, where they want, in an inclusive and integrated environment.

We support children and young people and families, especially those from disadvantaged backgrounds, to live happier, healthier and safer lives. Each year we support around 4,000 individuals through our services across Bolton and the surrounding area, and through our outreach in schools and community settings.

Our offer includes: A Universal Youth Provision providing diverse youth club activities, sports, multi-media, social interaction and arts; a Targeted Youth Service providing critical support to some of our most vulnerable children and young people and families in the community and a Football facility that provides fundamental football skills and emphasises the importance of inclusivity and teamwork.



In 2024 and 2025 BLGC has been a certified Great Place to work

BLGC Enriching Young Lives
Infinity 18 Spa Road Bolton BL1 4AG
01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



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Network





Our Vision and Mission

Vision

Every young person in Bolton has the opportunity to be the best they can be.

Mission

We will provide great places to go, positive things to do, and people that care.

Our Key Principles

- Keep things simple.
- Always do the right thing.
- Offer excellent customer service.
- Provide an environment for people to be the best they can be.
- Be exceptional in the moments that matter.

Our Values

Driven

We don't give up and we do whatever it takes.

Empowering

We enable people to be the best they can be.

Fun

If you enjoy what you do, you do it better! Work is serious and we do it with a smile on our face.

Caring

Genuine people who care make the difference.

Excellence

We aim to deliver the highest standards of service and continuously improve through robust quality assurance and innovation.

About the role

This role is all about engaging young people — building relationships, creating safe spaces, and delivering structured wellbeing projects within our wider youth provision.

You will lead small-group wellbeing projects with set cohorts of young people across BLGC and in the community. These sessions will take place over three evenings per week alongside daytime planning and delivery in the community.

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While the projects focus on emotional wellbeing outcomes, you don't need to arrive as a wellbeing specialist – training and resources will be provided. What matters most is your confidence working with young people, your ability to engage groups, and your passion for youth development.

This is a delivery-focused role suited to someone who enjoys being visible in a busy youth club, connecting with young people, and supporting them through creative, practical activities that build confidence, resilience and emotional awareness. You will work closely with colleagues to embed wellbeing into everyday youth provision, ensuring young people feel supported, listened to, and included.

Key Responsibilities

Youth Engagement & Delivery

- Lead wellbeing-focused group sessions with set cohorts of young people across BLGC youth provision and across the community in schools and colleges.
- Build positive, trusting relationships with young people through consistent engagement.
- Deliver short, structured evening sessions across three evenings per week in the youth club.
- Support young people to explore emotions, develop coping strategies and build resilience using creative, youth-friendly approaches.
- Actively engage young people who may be harder to reach through groundwork and informal outreach.

Project Delivery

- Deliver funded wellbeing projects in line with agreed outcomes and timescales.
- Plan, prepare and evaluate sessions, adapting content to meet young people's needs.
- Collect feedback and contribute to outcome reporting.
- Work collaboratively with colleagues to ensure projects are embedded within wider youth provision.

Individual Support & Safeguarding

- Offer brief 1:1 wellbeing check-ins and supportive conversations when needed.
- Recognise early signs of emotional distress and escalate concerns appropriately.
- Always promote the safety and welfare of children and young people.
- Maintain accurate records and follow safeguarding procedures.

Team & Organisation

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- Support your team and volunteers to feel confident delivering wellbeing-informed activities.
- Promote inclusion and challenge discrimination.
- Act as a positive role model for young people.
- Take part in training (provided by BLGC).
- Follow organisational policies including safeguarding, equality and health & safety.
- To record work using case management database, outcome, and evaluation tools.
- Contribute to a joined-up approach across youth services.
- To undertake any other work requested by your line manager.

Who this role is for

This role would suit someone who:

- Comes from a youth work, community or mental health background.
- Is confident leading small groups of young people.
- Enjoys practical delivery rather than office-based work.
- Feels comfortable working evenings in lively youth settings.
- Believes wellbeing is built through relationships, consistency and positive experiences.
- Wants to develop wellbeing skills while staying rooted in youth work practice.

Person Specification

Selection Criteria A=Application / I=Interview	Essential ✓	Desirable ✓	Method of Assessment ✓
Qualifications			
Degree in Youth Work, Community Work, Psychology, or equivalent		✓	A
Mental Health First Aid certificates		✓	A
Experience			
Minimum of two years' experience working with young people in group and individual settings.	✓		A
Able to adapt and change working styles based on the young people's needs.	✓		A/I
Experience delivering projects/activities focused on wellbeing		✓	I

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Experience of effectively responding to young people exhibiting behaviours of concern	✓		I
Experience developing partnerships and working collaboratively		✓	I
Knowledge and Skills			
Understanding of issues impacting young people's mental health and wellbeing	✓		A/I
Ability to plan, deliver, review, and evaluate projects		✓	I
Working knowledge safeguarding, risk assessment, and inclusive practice	✓		A/I
Understand the impact of trauma and adverse childhood experiences of children and young people	✓		A/I
Knowledge of youth participation and the Lundy model		✓	A
Strong commitment to young people and ability to engage and build positive relationships with young people.	✓		A/I
Special Requirements			
A willingness to cover events, holidays and staff absence on evenings and weekends	✓		A/I
Good planning and organisational skills and flexibility to adapt to circumstances	✓		I
Able to work independently and to be a team player	✓		I

In addition, we will need the following:

- Confirmation you are eligible to work in the UK (the successful candidate will be required to provide documentary evidence before a job offer is confirmed).
- Any reasonable adjustments we can make to assist you in your application for the selection process.
- In accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS.

Why join Team BLGC?

BLGC is a great place to work, we work hard, but we have fun! We change and save the lives of thousands upon thousands of children, young people and families. In addition, we also offer the following:

- Flexible working opportunities
- Generous leave benefits
- Contributory pension scheme

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- On site gym
- Birthday leave
- Enhanced Compassionate Leave
- Enhanced Maternity Pay

In 2024 Great Place To Work® recognised Bolton Lads and Girls Club on the following Best Workplaces Lists.



Company Culture at Bolton Lads and Girls Club

The employee experience below at Bolton Lads and Girls Club, compared to a typical company.



*Responses to the statement "Taking everything into account, I would say this is a great place to work." vs. a typical UK company.

