



## **Additional Information for candidates, Children's & Young People's Wellbeing Practitioner**

The programme is delivered in partnership with NHS England, the University of Manchester and Northwest based Children & Young People's Mental Health Services. The CYWP programme is community based and aims to support the development of a trained workforce to increase access to psychological interventions for young people and those who care for them. For further information please see [Children and Young Peoples Wellbeing Practitioner Postgraduate Diploma | Greater Manchester Mental Health NHS FT \(gmmh.nhs.uk\)](#)

The CYWP training programme is a full-time, 12-month, level 7 Post Graduate course that is accredited by BPS. The programme welcomes applications from candidates who do not have a degree, who will be asked to submit and pass a written essay before starting the course to demonstrate an ability to study at this level.

The Psychological Therapies Training Centre is committed to widening access to the training programme. The CYWP training programme values diversity and is dedicated to promoting diversity within our student body to better reflect the diverse communities that practitioners serve. We warmly welcome applications from candidates, regardless of their background or protected characteristics and particularly encourage individuals from Black, Asian, and other minority ethnic backgrounds, individuals with disabilities and men to apply, as these groups are currently underrepresented on the training programme.

In planning and preparing for your interview, we would recommend that you read about Low intensity CBT informed interventions, early intervention for children's mental health and consider the Thrive mental health model, CYWPs fit into the "Getting Help" quadrant. [THRIVE-Framework-for- system-change-2019.pdf \(implementingthrive.org\)](#).

The course begins in January 2026 and trainees attend on Thursday and Friday weekly. The training programme will be a combination of face-to-face, online teaching and self-directed study. Monday to Wednesday will be spent in service completing clinical work, which is closely supervised which requires attending individual weekly clinical supervision and group fortnightly clinical skills practice. Should you be successful, a reading list and the timetable will be sent out prior to the start of the course.

The face-to-face teaching sessions are on both Thursday and Friday during some part of the course and are held at different venues near to Prestwich. Trainees are often travelling from

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places across the Northwest and will be expected to prepare for travelling to and from face-to-face teaching, potentially twice a week. It is important to plan ahead if using public transport.

The course requires trainees to be working with suitable children & young people aged 8 – 18yrs with mild to moderate mental health difficulties such as anxiety and low mood and with parents/carers. There are requirements for video recording of the young people seen for intervention, recordings are part of the marked submissions along with an exam, presentations, written assignments, and a portfolio.

Whilst on the course, trainees are employed by a service and expected to behave in a professional manner. This includes for example, attending punctually and participating fully in supervision and teaching. Trainees are expected to always conduct themselves with the same level of respect and professionalism as they would as a practitioner in service. Trainees are expected to take annual leave ideally outside of course teaching days. The reading weeks are based on Manchester school holiday dates. If at the point of interview an applicant has already arranged a holiday during course term time please inform the interview panel.

For any further queries please contact,

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