



Job Title:	Mental Health & Wellbeing Practitioner Based in Bolton's Mental Health Support Team (MHST)
Salary:	£27,361- £27,931
Location:	Schools/Community and localities across Bolton – Hybrid working
Reports to:	MHST Clinical Lead and BLGC Service Manager
Contract:	Fixed Term until – March 2026
Hours:	37 hours

The Charity

Bolton Lads and Girls Club (BLGC) is a community-based charity driven by a mission to ensure that every child and young person in Bolton has 'the best possible start in life, so that they have every chance to achieve their aspirations, succeed and be happy' (Bolton Vision 2030). BLGC provides innovative and accessible services, to enable children and young people to do what they want, where they want, in an inclusive and integrated environment.

We support children and young people and families, especially those from disadvantaged backgrounds, to live happier, healthier and safer lives. Each year we support around 4,500 individuals through our services across Bolton and the surrounding area, and through our outreach in schools and community settings.

Our offer includes: A Universal Youth Provision providing diverse youth club activities, sports, multi-media, social interaction and arts; a Targeted Youth Service providing critical support to some of our most vulnerable children and young people and families in the community; a Football facility that provides fundamental football skills and emphasises the importance of inclusivity and teamwork; an Education provision providing an alternative curriculum for children and young people who benefit from creative and practical approaches to learning in a supportive and nurturing environment.

Our Vision and Mission

BLGC Enriching Young Lives

Infinity 18 Spa Road Bolton BL1 4AG

01204 540100 | info@blgc.co.uk | blgc.co.uk

Registered Charity No: 1051292



Part of the
OnSide
Network





Vision

Every young person in Bolton has the opportunity to be the best they can be.

Mission

We will provide great places to go, positive things to do, and people that care.

Our Key Principles

- Keep things simple.
- Always do the right thing.
- Offer excellent customer service.
- Provide an environment for people to be the best they can be.
- Be exceptional in the moments that matter.

Our Values

Driven

We don't give up and we do whatever it takes.

Empowering

We enable people to be the best they can be.

Fun

If you enjoy what you do, you do it better! Work is serious and we do it with a smile on our face.

Caring

Genuine people who care make the difference.

Excellence

We aim to deliver the highest standards of service and continuously improve through robust quality assurance and innovation.

About the role

An opportunity to be a practitioner in the national programme, Mental Health Support Team (MHST) working across Bolton schools and colleges. Your role will include supporting children and young people with mild to moderate mental health problems, using evidence-based interventions and helping parents have a better understanding of mental health. You will also be promoting a Whole School Approach to mental health and wellbeing and working closely with education staff in schools to identify needs and embedding a positive ethos to mental wellbeing. You will work in line with the iThrive model and principles offering the right support at the right time by the right service, being young person centered.

Main Responsibilities

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- To deliver outcome focused, evidence-based interventions for children and young people with mild to moderate mental health problems in an education setting.
- To work closely with schools to promote and embed a whole school approach to mental health and wellbeing by providing feedback and suggestions on how to create mentally healthy schools.
- To record, formulate, implement and deliver intervention plans with young people.
- To assess and identify risk collaboratively with young people and manage risk issues through the development of safety plans and appropriate liaison with relevant services.
- Liaise with other health and social care staff from a range of agencies in support of young people, ensuring integrated and joined-up care plans centred around young people's needs and attend multi-agency meetings.
- To complete and evaluate the success of intervention at regular intervals using Routine Outcome Measures (ROMS)
- Work with young people and families to identify and access suitable and timely support across health, social care and VCSE services
- To ensure that the services provided are accessible and responsive to the needs of BAME, LGBTQ+ and other minoritised young people.
- Ensure the maintenance of standards of safe practice.
- To advise, guide and signpost to relevant services and record all work undertaken.
- To record all assessments, plans, interventions and outcomes and to keep case notes on communication, meetings and activities.
- To keep children and young people safe in line with BLGC policies and local authority arrangements around safeguarding.
- To keep up to date with all relevant legislation relating to children and young people.
- To participate in reflective supervision, both individually and as part of the team

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- Commitment to equal opportunities and anti-discriminatory practice.
- To adhere to all clinical governance attached to the NHS
- Undertake any other duties that may be required which are commensurate with your role.

PERSON SPECIFICATION

		Essential ✓	Desirable ✓	Method of assessment ✓
Qualifications				
	A relevant undergraduate degree in Psychology / Social Care / Youth-related degree or postgraduate degree or certificate in a relevant area.	✓		A/I
	Relevant training in psychological therapy		✓	A
Experience				
	Minimum of two years' experience working in a Community Health/Social Care/Voluntary sector setting with children and young people with poor mental health.	✓		A/I
	Experience of engaging young people individually using creative and imaginative methods, models and processes and manage own caseload.	✓		A/I
	Experience of delivering psycho-social support to young people with learning disabilities and ASC		✓	A/I
	Experience of multi-agency work and partnership working	✓		A/I
	Experience of assessing the mental health needs of young people from diverse backgrounds.	✓		A/I
	Experience of working with young people in a group setting, and an ability to deal with group dynamics.		✓	A/I
	Experience of assessing risk.	✓		A/I
Knowledge and Skills				
	Able to demonstrate high standards in written and verbal communication	✓		A/I
	Proficient ICT skills including use of Office applications and databases.	✓		A/I
	Articulate and self-confident, ability to converse professionally with other professionals.	✓		A/I

	Knowledge of all GDPR requirements relating to the processing and retaining of children's data.		✓	I
	Knowledge of child protection and safeguarding procedures.	✓		A/I
	Knowledge of Whole School Approach		✓	I
	Knowledge of remit of MHST, CAMHS and IAPT	✓		I
	Ensure that issues of equality and respect for diversity is reflected in all aspects of work with a non-judgmental attitude.	✓		A
Personal Attributes				
	Accountable for work through supervision, performance management and following policies and procedures.	✓		A/I
	Able to work some unsocial hours e.g. evenings / weekends where required.	✓		A/I
	Committed to professional development through undertaking training and participating in other learning opportunities.	✓		A/I
	Committed to work within the Vision and Values of BLGC.	✓		I
	Must be a driver with a full licence and have access to a car.	✓		A

Method of Assessment Key:

- A Application Form
- I Interview