



YOUNG CARERS ACTIVITY VOLUNTEER

Location: Based at Infinity, Spa Rd.

Suggested Time Commitment: 3 hours every 3 weeks

ABOUT THE ROLE

We are looking for volunteers to join our team making a difference to the lives of young carers through a combination of 1:1 support and group activities. Each volunteering session will be varied.

WHAT CAN YOU EXPECT TO BE DOING?

- Initiate and build positive relationships with young carers giving them someone to talk to and offering guidance and support.
- Encourage young carers to meet new friends and join group activities.
- Actively engage with young carers as they get involved in activities.
- Supporting young people with activities.
- Help build self-confidence, self-esteem and resilience.
- Acting as a positive role model for young people
- Promoting an inclusive culture where all young people are listened to, valued, and cared for

WHAT ARE THE BENEFITS?

- You will receive a thorough induction programme and training to prepare you.
- You will gain new skills and enhance existing ones.
- You will make a real difference to a young person's life.
- You will work as part of a team.

WE ARE LOOKING FOR SOMEONE WHO

- Is 18+ years old.
- Enjoys meeting and engaging with people from a wide range of backgrounds
- Is adaptable and happy to try new things.
- Is able to recognise the different needs of young people (based on their personalities) and is able to find ways to involve them.
- Shares the same values of BLGC.
- Is committed to making a positive impact on the lives of young people .
- Can work well on your own initiative and as part of a group.
- Can work with children and young people with diverse needs.

CALL 01204 540119 EMAIL VOLUNTEERING@BLGC.CO.UK

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