

Enriching young lives

"I'm able to do new things that I haven't done before, and it's built up my confidence"

"It helps you to try new things and to meet new friends."

"I feel happy that I have someone to talk to and happy that I have someone to try new things with. I get to do new, interesting and adventurous experiences with her. It's nice to do things together that we both enjoy."

What are your dreams for your future when you leave school?
Do you struggle to think about career paths?
Would you like to know more about how you work towards your hopes and goals?
Have you ever considered going to college or university?
Would you like to be mentored by someone who is there just for you to help you explore your options?

Maybe Aspirations Mentoring is for you!



Aspirations Mentoring Service

Contact Us

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Website: www.boltonladsandgirlsclub.co.uk

Information for young people

Aspirations Mentoring - what is it?

This is something for Looked After Children aged 8-15 to get involved with. You get matched with a Mentor who can help you work on targets to develop your confidence, self-esteem and resilience, which will help you to work towards achieving your hopes, dreams and aspirations for the future.

How does it work?

You will have a Coordinator who will get to know you so they can match you with the right mentor for you. Once you've got a mentor, you'll meet with them every 2 weeks.

You'll meet with your Coordinator regularly to identify targets for you to work on with the help of your mentor. You'll also have regular chances to catch up with your Coordinator so they can check that you're happy with how mentoring is going.



Please remember
our service is
confidential unless
you or another child
is at risk of harm.

Who are the mentors?

Our Mentors are volunteers and do not get paid. They spend time with you because they want to. They only work with one young person at a time, so are there just for you – to get to know you and listen to anything you want to talk about. They'll help you work on the targets you set for yourself.

What will I do with my mentor?

Your mentor will pick you up from home, and then you'll go out somewhere together. You might go to a park or a café, to BLGC or to somewhere that you can be active. You can do things like baking or cooking together, learning something new by exploring a museum, visiting a library, or you could even work on a school project together.

How you spend your time with your Mentor will be something you can decide together and will help you to work towards the targets you set.

How long does it last for?

Aspirations Mentoring can last for up to 2 years. Your Coordinator will check with you regularly to make sure it's something that's still helpful for you. When it's time to move on, your Coordinator and your Mentor will help to make sure you're ready for this.